

Hands n' feet

- STOMP

Grundbeat: $\left\{ \begin{array}{c} \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \end{array} \right\}$

1. $\parallel \begin{array}{c} | \\ \text{F} \end{array} \quad \overline{\text{F+K}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \parallel$

2. $\parallel \overline{\text{FFFF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{FF}} \parallel$

3. $\parallel \begin{array}{c} | \\ \text{F} \end{array} \quad \overline{\text{F+K}} \quad \overline{\text{12}} \quad \overline{\text{3456}} \quad \begin{array}{c} | \\ \text{F} \end{array} \parallel$
 K

4. $\parallel \overline{\text{FFF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{K+F}} \quad \overline{\text{FF}} \mid \overline{\text{FFF}} \quad \overline{\text{KFF}} \quad \overline{\text{FFF}} \quad \overline{\text{F+K}} \parallel$

5. $\text{on) } \left\{ \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{F+K}} \quad \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{F+K}} \quad \overline{\text{F}} \right\} \times 4$
 $\text{off) } \left\{ \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{K}} \quad \overline{\text{FF}} \right\} \text{ (slut på klap på 8)}$

6. $\parallel \overline{\text{F}} \quad \overline{\text{FF}} \quad \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{F}} \quad \overline{\text{FFF}} \mid \begin{array}{c} | \\ \text{K} \end{array} \quad 3 \quad \text{---} \parallel$

Form: grundbeat x 3 • 1 • 2 • 3 • grundbeat x 2 •
 4 • 5 x 4 • 6 • grundbeat x 4 • solo

F = fod K = klap